

INSTRUCTION FOR AUTHORS

Journal of Health Sciences (JHS)

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Types of published articles

The Journal of Health Sciences is a peer-reviewed journal. Manuscripts submitted to JHS should neither be published previously nor be under consideration for publication in another journal. The authors are responsible to the public and the regulations related to the publication of manuscripts. JHS has no restrictions on the maximum length of manuscripts, provided that the text is concise and comprehensive. Full experimental details must be provided so that the results can be reproduced. The main article types are as follows (other types of articles are also accepted):

Original research: The work should report scientifically sound experiments and provide a substantial amount of new information. The article should include the most recent and relevant references in the field. The structure should include an Abstract, Keywords, Introduction, Materials and Methods, Results, Discussion, and Conclusions sections.

Reviews: Reviews offer a comprehensive analysis of the existing literature within a field of study, identifying current gaps or problems. They should be critical and constructive and provide recommendations for future research. No new, unpublished data should be presented. The structure can include an Abstract, Keywords, Introduction, Relevant Sections, Discussion, Conclusions, and Future Directions (optional).

Manuscript format

The manuscript format is Microsoft Word file *.doc, *.docx; Paper size: A4; Margins: 3.0 cm; Font: Unicode encoding, Times New Roman, size 12; Line spacing 1.5.

Manuscripts should comprise:

- Front matter: Title, Author list, Affiliations, Abstract, Keywords.
- Research sections: Introduction, Materials and Methods, Results, Discussion, Conclusions (optional).
- Back matter: Supplementary Materials, Funding, Acknowledgments, Author Contributions, Institutional Review Board Statement, Informed Consent Statement, Data availability statement, Conflicts of Interest, Notes and References.

Manuscript Preparation

General rules

Names of plants, animals, and microorganisms should follow Linné's taxonomy (Carl von Linné), Latin original names are encouraged. Names of drugs, biological

products, and chemicals using the original names according to Pharmacopoeias.

The main parts are numbered in Roman numerals (I, II...); Subsequent levels (if any) are numbered according to the Arabic numeral system (1.2; 1.2.1....) but not exceeding 3 digits.

Frontmatter

Title: The title of the manuscript should be concise, specific and relevant, reflecting the main content of the article, and should show new and creative elements of the research work; write in bold, lowercase letters. Abbreviated or short forms of the title are encouraged.

Author list and Affiliations: Authors' full names must be provided. The initials of any middle names can be added. The PubMed/MEDLINE standard format is used for affiliations: complete address information including city, zip code (if available), state/province, and country. At least one author should be designated as the corresponding author, and his or her email address and other details should be included at the end of the affiliation section.

Abstract: The abstract should be a total of about 300 words maximum. The abstract should be a single paragraph and should follow the style of structured abstracts, but without headings: 1) Background: Place the question addressed in a broad context and highlight the purpose of the study; 2) Methods: Describe briefly the main methods or treatments applied. Include any relevant preregistration numbers and species and strains of any animals used; 3) Results: Summarize the article's main findings; and 4) Conclusion: Indicate the main conclusions or interpretations. The abstract should be an objective representation of the article, it must not contain results that are not presented and substantiated in the main text and should not exaggerate the main conclusions.

Keywords: Three to ten pertinent keywords need to be added after the abstract. It is recommended that the keywords are specific to the article, yet reasonably common within the subject discipline.

Research section

Introduction: The introduction should briefly place the study in a broad context and highlight why it is important. It should define the purpose of the work and its significance, including specific hypotheses being tested. The current state of the research field should be reviewed carefully and key publications cited. Please highlight controversial and diverging hypotheses when necessary. Finally, briefly mention the main aim of the work and highlight the main conclusions. Keep the introduction comprehensible to scientists working outside the topic of the paper.

Materials and methods: They should be described with sufficient detail to allow others to replicate and build on published results. New methods and protocols should be described in detail while well-established methods can be briefly described and appropriately cited. Give the name and version of any software used and make clear whether the computer code used is available. Include any pre-

registration codes.

Results: Present a concise and precise description of the main data and information obtained after being analysed and processed. The results are presented logically with each goal and content of the research done (not divided into too small subsections or bullet points). Tables and figures must be presented by the journal's regulations and mentioned in the correct position in the article. Interpretation in words to emphasize or clarify important results in tables, and figures can be added, but do not repeat the whole data. Figures need to be sent separately as attachments to the article. Do not include comments, discussions, evaluations, or comparisons with other authors... in the Results section.

Discussion: Authors should discuss the results and how they can be interpreted from the perspective of previous studies and the working hypotheses. The findings and their implications should be discussed in the broadest context possible and the limitations of the work should be highlighted. Future research directions may also be mentioned. This section may be combined with Results. Do not repeat the entire results section. Provide other comments, analysis, and discussion, which in turn lead to messages announcing new findings and/or informing, recommending, warning, or encouraging further research.

Conclusion: Summarize into a complete paragraph to answer the stated objectives. Cite some illustrative data, do not repeat the data presented in the results section. Do not bullet or number the conclusion. Make recommendations if available.

Back Matter

Supplementary Materials: Describe any supplementary material published online alongside the manuscript (figure, tables, video, spreadsheets, etc.). Please indicate the name and title of each element as follows Figure S1: title, Table S1: title, etc.

Funding: All sources of funding for the study should be disclosed. Indicate grants that you have received in support of your research work and if you received funds to cover publication costs.

Please add: “This research received no external funding” or “This research was funded by [name of funder] grant number [xxx]”. Check carefully that the details given are accurate and use the standard spelling of funding agency names.

Acknowledgments: In this section, authors can acknowledge any support given which is not covered by the author contribution or funding sections. This may include administrative and technical support, or donations in kind (e.g., materials used for experiments).

Institutional Review Board Statement: In this section, please add the Institutional Review Board Statement and approval number for studies involving humans or animals. Please note that the Editorial Office might ask authors for further information. Please add “The study was conducted according to the guidelines of the Declaration of Helsinki, and approved by the Institutional Review Board (or

Ethics Committee) of NAME OF INSTITUTE (protocol code XXX and date of approval).” OR “Ethical review and approval were waived for this study, due to REASON (please provide a detailed justification).” OR “Not applicable” for studies not involving humans or animals. You might also choose to exclude this statement if the study did not involve humans or animals.

Informed Consent Statement: Any research article describing a study involving humans should contain this statement. Please add “Informed consent was obtained from all subjects involved in the study.” OR “Patient consent was waived due to REASON (please provide a detailed justification).” OR “Not applicable” for studies not involving humans. You might also choose to exclude this statement if the study did not involve humans.

Written informed consent for publication must be obtained from participating patients who can be identified (including the patients themselves). Please state “Written informed consent has been obtained from the patient(s) to publish this paper” if applicable.

Data Availability Statement: In this section, please provide details regarding where data supporting reported results can be found, including links to publicly archived datasets analysed or generated during the study. Authors might choose to exclude this statement if the study did not report any data.

Conflicts of Interest: Authors must identify and declare any personal circumstances or interests that may be perceived as influencing the representation or interpretation of reported research results. If there is no conflict of interest, please state "The authors declare no conflict of interest." Any role of the funding sponsors in the choice of the research project; design of the study; collection, analyses or interpretation of data; in the writing of the manuscript; or decision to publish the results must be declared in this section.

References: References must be numbered in square brackets in the order in which they appear of appearance in the text (including table captions and figure legends) as [1] or [1,2], [1,3-6] and listed individually at the end of the manuscript. We recommend preparing the references (Vancouver-style reference format) with a bibliography software package, such as EndNote, Reference Manager or Zotero to avoid typing mistakes and duplicated references. We encourage citations to data, computer code and other citable research material.

Example references:

- References from articles:

Nguyen Van Hoa, Nguyen Huu Kha. Malnutrition in Vietnam and some related factors. *Journal of Health Research and Development*. 2017;20(5):14-19. 2. Leurs R, Church MK, Taglialatela M. H1-antihistamines: inverse agonism, anti-inflammatory actions, and cardiac effects. *Clin Exp Allergy*. 2002;32(4):489-498

- References from the book:

Le Quang Cong, Nguyen Canh Toan. Phan Van Sang. Handbook of medical microbiology. Agriculture Publishing House, Hanoi, 2005:99-127.

Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. Medical microbiology. 4th ed. St. Louis: Mosby; 2002

- References from chapters/articles of the book:

Meltzer PS, Kalloniemi A, Trent JM. Chromosome alterations in human solid tumors. Print: Vogelstein B, Kinzler KW, editors. The genetic basis of human cancer. New York: McGraw-Hill; 2002. p. 93-113

- References from theses/dissertations:

Evans PR. The motor and sensory function of the upper digestive tract in health and in irritable bowel syndrome [Ph.D. Thesis]. Sydney, NSW: University of Sydney; 1998

- References from the full text of the conference/workshop:

Passey M, Gale J, Stirling J, et al. Caring for pregnant Aboriginal women: provider views on managing tobacco, alcohol, and cannabis use. Print: 2017 Primary Health Care Research Conference, 2017 Aug 7 - 9; Brisbane

- Reference from the website:

American Medical Association [Internet]. Chicago: The Association; c1995-2016 [cited 2016 Dec 27]. Available from: <https://www.ama-assn.org/about/office-international-medicine>

Note: For references with more than 6 people, the first 6 authors should be displayed, then add “et al.”.

Figures, Schemes and Tables

File for Figures and Schemes must be provided during submission in a single zip archive and at a sufficiently high resolution (minimum 1000 pixels width/height, or a resolution of 300 dpi or higher). Common formats are accepted, however, TIFF, JPEG, EPS and PDF are preferred.

All Figures, Schemes and Tables should be inserted into the main text close to their first citation and must be numbered following their number of appearance (Figure 1, Scheme I, Figure 2, Scheme II, Table 1, etc.).

All Figures, Schemes and Tables should have a short explanatory title and caption. All table columns should have an explanatory heading.

Smaller fonts may be used to facilitate the copy-editing of larger tables, but no less than 8 pt. in size. Authors should use the Table option of Microsoft Word to create tables. Each table should not divide more than 8 columns and vertical column lines are hidden.

Abbreviations, dates and notes

Abbreviation: Abbreviated phrases or words that are used repeatedly in the article. Acronyms are used only after they are introduced by the author after the full phrase at first appearance in the article. For example, Hai Phong University of Medicine and Pharmacy (HPMU). Abbreviations; acronyms should not exceed 5 words. Abbreviations should be fully written in the original word used for the first time and/or interpreted, except for well-known abbreviations such as HIV/AIDS, and PCR...

Date format: Vietnamese date format: in the order of day/month/year. - English date format: in month, day, and year order (e.g., October 3rd, 2016).

Notes: Notes are placed at the end of the article, before the list of references. Each note must be numbered in ascending order (1, 2, 3...) and correspond to the number of notes in the article's content. Notes should be brief, containing only necessary additional information.

Review process

Each manuscript will be independently peer-reviewed by at least 2 experts. From the comments of the reviewers, the Editorial Board will reply to the author(s) within **2 weeks** from the date of receipt of the submission. When revising the manuscript, the author must use the Track Changes tool of Microsoft Word software and mark the edited content. In case the author does not revise the manuscript according to the comments of the peer reviewer(s), explanations should be added. in the Quotation.

Submission

Journal of Health Sciences

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Note: Please include “ACCP2023” in the Subject of Submission email